

# Reading List on Child and Play Therapy

(\*Highly Recommended)

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***I often receive requests for a list of recommended reading on Child and Play Therapy, so I have compiled a list of recommended books, videos, and organizations. The items with a star are highly recommended!***

## Child Development and Psychopathology

Davies, D. (1999). *Child Development: A Practitioner's Guide*. NY: Guilford.

Hughes, D. (1999) *Building the Bonds of Attachment. Awakening Love in Deeply Troubled Children*. New York: Jason Aronson.

James, B. (1994). *Handbook for Treatment of Attachment-Trauma Problems in Children*. NY: Free Press.

Kendall, P. (2000). *Childhood Disorders*. East Sussex, UK: Psychology Press.

## Play Therapy Theory and Process

\*Carmichael, K.D. (2006). *Play Therapy: An Introduction*. Uppersaddle River, NJ: Pearson Education, Inc.

\*Drewes, A. (Ed.) (2009) *Blending Play Therapy with Cognitive-Behavioral Therapy: Evidence-Based and Other Effective Treatments and Techniques*. Hoboken, NJ: Wiley.

Drewes, A., Schaefer, C, Bratton, S. (Ed.) (2011) *Integrative Play Therapy*. Hoboken, NJ: Wiley.

Giordano, M, Landreth, G., Jones, L. (2005). *A Practical Handbook for Building the Play Therapy Relationship*. New Jersey: Jason Aronson.

Gil, E. (1991). *The Healing Power of Play*. New York: The Guilford Press.

\*Gil, E. (1994). *Play in Family Therapy*. New York: The Guilford Press.

Gil, E., and Drewes, A. (2005). *Cultural Issues in Play Therapy*. New York: The Guilford Press.

Jongsma, A. (2002). *The Child Psychotherapy Treatment Planner*. Hoboken, NJ: Wiley.

Knell, S. (1993). *Cognitive-Behavioral Play Therapy*. Northvale, NJ: Jason Aronson. (Cognitive-behavioral approach)

\*Landreth, G. (2012). *Play Therapy: The Art of the Relationship (3<sup>rd</sup> Ed.)*. Muncie, IN: Accelerated Development Press. (Child-centered approach). Routledge.

Lubimiv, G. (1994). *Wings for Our Children: Essentials of Becoming a Play Therapist*. Burnstown, ON: General Store Publishing.

McGuire and McGuire. (2001). *Linking Parents to Play Therapy*. Brunner-Routledge.

Oaklander, V. (1988). *Windows to Our Children: A Gestalt Therapy Approach to Children and Adolescents*. Highland, New York: Gestalt Journal press.

Ray, D. (2011). *Advanced Play Therapy: Essential Conditions, Knowledge, and Skills for Child Practice*. Routledge.

- Reddy, L., Files-Hall, T., Schaefer, C. (Eds.) (2005). *Empirically Based Play Interventions for Children*. Washington, DC: American Psychological Association.
- Schaefer, C., and Kaduson, H. (Eds). (2006). *Contemporary Play Therapy*. New York: The Guilford Press.
- \*Schaefer, Charles, E. (Ed). (2003). *Foundations of Play Therapy*. New Jersey: John Wiley & Sons, Inc.
- Schaefer, C.E., McCormick, J., Ohnogi, A. (Ed.) (2005). *International Handbook of Play Therapy*. New York: Aronson.
- Sweeney, D.S., Homeyer, L.E. (1999). *The Handbook of Group Play Therapy: How to do it, How it Works, Whom it's Best for*. San Francisco, CA: Jossey-Bass.
- Van Fleet, R. (1994). *Filial Therapy: Strengthening Parent-Child Relationships Through Play*. Sarasota, FL: Professional Resource Press. (Developmental approach)
- \*Yasenik, L., and Garnder, K. (2005). *Play Therapy Dimensions Model*. Calgary, Alberta: Rocky Mountain Play Therapy Institute.

## **Play Therapy Techniques**

- Boyd-Webb, N. (Ed.) (2007). *Play Therapy With Children in Crisis, Third Edition*. New York: Guilford.
- Crenshaw, D. (2007). *Evocative Strategies in Child and Adolescent Psychotherapy*. New Jersey: Jason Aronson.
- Crisci, G., Lay, M., and Lowenstein, L. (1997). *Paper Dolls & Paper Airplanes: Therapeutic Exercises for Sexually Traumatized Children*. Indianapolis, IN: Kidsrights.
- Davis, N. (1996). *Therapeutic Stories That Teach and Heal*. Oxon Hill, MD.
- Drewes, A., Schaefer, C. (Ed.) (2010) *School-Based Play Therapy*. Hoboken, NJ: Wiley.
- Gallo-Lopez, L., and Schaefer, C.E. (Eds.) (2005). *Play Therapy with Adolescents*. Lanham, MD: Rowman and Littlefield Publishers.
- \*Gil, E. (2006). *Helping Abused and Traumatized Children: Integrating Directive and Nondirective Approaches*. New York: The Guilford Press.
- Gitlin-Weiner, K., Sandgrund, A. & Schaefer, C. (2000). *Play Diagnosis and Assessment, Second Edition*. New York: Wiley.
- Goodyear-Brown, P. (2002). *Digging for Buried Treasure: 52 Prop-Based Play Therapy Techniques*. (2<sup>nd</sup> volume also available).
- Goodyear-Brown, P. (2009). *Play Therapy with Traumatized Children: A Prescriptive Approach*. New Jersey: Wiley.
- Goodyear-Brown, P. (2010). *The Worry Wars: An Anxiety Workbook for Kids and Their Helpful Adults*.
- Kaduson, H. and Schaefer, C. (Eds). (2003). *101 Play Therapy Techniques*. NJ: Jason Aronson. (Volumes Two and Three also available).
- Kaduson, H., & Schaefer, C. (Eds). (2000). *Short-Term Play Therapy for Children*. New York: The Guilford Press.
- Kenney-Noziska, S. (2008). *Techniques – Techniques – Techniques: Play-Based Activities for Children, Adolescents, and Families*. West Conshohocken, PA: Infinity Publishing.
- Landgarten, H. (1987). *Family Art Psychotherapy*. PA: Brunner/Mazel.

- Lowenstein, L. (1999). *Creative Interventions for Troubled Children & Youth*. Toronto, ON: Champion Press.
- Lowenstein, L. (2002). *More Creative Interventions for Troubled Children & Youth*. Toronto, ON: Champion Press.
- Lowenstein, L. (2006). *Creative Interventions for Bereaved Children*. Toronto, ON: Champion Press.
- Lowenstein, L. (2006). *Creative Interventions for Children of Divorce*. Toronto, ON: Champion Press.
- Lowenstein, L. (Ed.) (2008). *Assessment and Treatment Activities for Children, Adolescents, and Families: Practitioners Share Their Most Effective Techniques*. Toronto, ON: Champion Press. (Volumes Two and Three also available).
- Lowenstein, L. (Ed.) (2010). *Creative Family Therapy Techniques: Play, Art, and Expressive Activities to Engage Children in Family Sessions*. Toronto, ON: Champion Press.
- Rubin, L., and Gallo-Lopez, L. (2012). *Play-Based Interventions for Children and Adolescents with Autism Spectrum Disorders*. Routledge.
- Schaefer, C., & Reid, S. (Eds.) (2001). *Game Play: Therapeutic Use of Childhood Games*. (2<sup>nd</sup> ed.). New York: Wiley.
- Sunderland, M. (2000) *Using Storytelling as a Therapeutic Tool with Children*. Speechmark Publishing, Bicester.
- Yeager, D. and Yeager, M. (2008). *Simon Says Pay Attention: Help for Children with ADHD*. Golden Path Games.

### **Videos (Available through the Association for Play Therapy: [www.a4pt.org](http://www.a4pt.org))**

Child Centered Play Therapy by Gary Landreth  
Essentials of Play Therapy with Abused Children by Eliana Gil  
Family Play Therapy by Eliana Gil  
Introduction to Filial Play Therapy by Rise VanFleet  
Play Therapy for Severe Psychological Trauma by Eliana Gil  
Therapeutic Limit Setting in Play Therapy by Gary Landreth

### **Play Therapy Associations**

Association For Play Therapy: [www.a4pt.org](http://www.a4pt.org)

British Association of Play Therapists: [www.bapt.info](http://www.bapt.info)

Canadian Association For Child And Play Therapy: [www.cacpt.com](http://www.cacpt.com)

International Society for Child and Play Therapy: [www.playtherapy.org](http://www.playtherapy.org)

Play Therapy Australia: [www.playtherapyaustralia.com](http://www.playtherapyaustralia.com)

Play Therapy Australasia: [www.playtherapy.org.au](http://www.playtherapy.org.au)